

Swimmer Profile	
Name: Chris Smithers	Age: 18
Club: Kiwi West Aquatics	Coach: Andrew Nicholls
About	
Greatest achievement in swimming: Gold medal in 200 Fly at NZ Secondary Schools 2015	
Major goals for the next 2 years: Podium finish at NZ Age Groups, top ten place at NZ Open Championships, compete in Australian Championships	
What is your pre-race ritual? Have my favourite pre-race dinner, listen to music and think about race tactics.	
If you could only eat one thing for the rest of your life what would it be? Bananas	
Who or what inspires you and why? Competitors who have faster times than me so I have a target to aim for	
School/University/subjects/company/position? Massey University Bachelor of Science (earth sciences) Massey University Academy of Sport Scholarship recipient	